

SOLUS **INFORMATICS**

2026 EDITION · FREE GUIDE

The Complete PMP® Exam Change Guide

Everything that changed on July 9, 2026 — the new Exam Content Outline, PMBOK® Guide 8th Edition, and a study roadmap built specifically for the new weighting.

ALIGNED TO

2026 ECO

REFLECTS

PMBOK® 8TH ED.

WRITTEN BY

PMI® ATP FACULTY

Prepared by the faculty at Solus Informatics — a PMI® Authorized Training Partner (ATP) — for anyone preparing for the PMP® exam in 2026 and beyond.

Why We Wrote This Guide

On July 9, 2026, PMI released a revised PMP® Exam Content Outline (ECO), timed alongside the new PMBOK® Guide – 8th Edition. If you're studying from material published before that date — including a lot of what's still circulating online — you're very likely studying the wrong weighting.

We built this guide because we kept fielding the same question from students and corporate L&D teams: *"Is what I'm using still current?"* Rather than answer that one email at a time, we put everything — the actual changes, why PMI made them, and how to adjust your prep — in one place.

Who this is for: anyone with an exam date in 2026 or later, anyone currently using PMP prep material and unsure of its currency, and anyone evaluating training providers and wanting to know how to tell a current program from an outdated one.

What you'll get from this guide

- ☐ A domain-by-domain breakdown of exactly what changed, and why it matters more than the percentages alone suggest
- ☐ A side-by-side comparison of the old (2021) and new (2026) Exam Content Outlines
- ☐ What's structurally different in PMBOK® Guide – 8th Edition versus the 7th
- ☐ An 8-week study roadmap re-weighted for the new domain balance
- ☐ A short checklist to sanity-check whether your current prep material is still valid

"The candidates who struggle most aren't the ones who study too little — they're the ones who study the wrong outline with total confidence."

900+

BATCHES DELIVERED

200,000+

PROFESSIONALS
TRAINED

3,000+

CERTIFIED THROUGH
SOLUS

25+

COUNTRIES SERVED

The Big Picture: What Changed

The PMP exam is still 180 questions across three performance domains. What changed is how much of the exam each domain now carries — and PMI rebalanced it more aggressively than most candidates expect.

DOMAIN	2021 ECO (RETIRED)	2026 ECO (CURRENT)	WHAT SHIFTED
People	42%	33%	Down 9 points — still the largest single skill area, but no longer dominant
Process	50%	41%	Down 9 points — technical execution now shares the spotlight
Business Environment	8%	26%	More than tripled — the single biggest shift in this update

Effective date: every exam sat from July 9, 2026 onward uses the new weighting above. If your exam date is before that, the previous 42/50/8 split still applies to you — this guide will tell you exactly where you stand.

Why Business Environment tripled

This isn't a cosmetic rebalance. PMI is signaling that it now expects a certified PMP to operate less like a task coordinator and more like a business-minded delivery leader. The expanded Business Environment domain pulls in territory that barely existed in the old outline:

- ☐ **AI in project management** — using AI tools responsibly for scheduling, risk forecasting, and reporting, and understanding their limitations
- ☐ **Sustainability and ESG considerations** in project selection and delivery
- ☐ **Deeper strategic alignment** — connecting project outcomes explicitly to organizational value and benefits realization
- ☐ **Regulatory and compliance awareness** across industries and geographies

The trap to avoid: if you're using a study guide or question bank published before mid-2026, it almost certainly under-weights Business Environment — the exact area PMI now tests most aggressively outside of Process. That gap is the most common reason well-prepared candidates are caught off guard.

PMBOK® Guide - 8th Edition: What's Different

The ECO update didn't happen in isolation — it was released alongside PMBOK® Guide – 8th Edition, and the exam now draws its terminology and framing from the newer edition.

7th Edition (2021-2026)

- ☐ Organized around 12 principles and 8 performance domains
- ☐ Introduced the values-and-principles-first structure, moving away from process groups as the primary lens
- ☐ Reference point for the retired 2021 ECO

8th Edition (2026-)

- ☐ Refines the principles-first approach with sharper guidance on hybrid and AI-augmented delivery
- ☐ Expands coverage of business acumen, sustainability, and value delivery — mirroring the ECO's Business Environment expansion
- ☐ Reference point for the current 2026 ECO

In short: if your study material still centers on the 7th Edition without acknowledging the 8th, both your terminology and your domain emphasis will be out of step with what's actually tested.

Quick self-check: is your material current?

- ☐ Does it explicitly reference PMBOK® Guide – 8th Edition, not just "the latest edition"?
- ☐ Does it weight Business Environment at roughly a quarter of your prep time, not a token chapter?
- ☐ Does it cover AI in project management and sustainability as testable topics, not asides?
- ☐ Does the provider state a clear effective date for the outline it's teaching from?

If you answered "no" to more than one of these, it's worth confirming your material's publish date before you commit further study time to it.

Your 8-Week Study Roadmap

A study plan re-weighted for the new 33/41/26 split — not a generic template with Business Environment as an afterthought.

WEEK	FOCUS	WHY IT'S PLACED HERE
1–2	Process domain fundamentals (predictive, agile, hybrid delivery)	Still the largest single domain at 41% — build the technical base first
3	People domain — leadership, conflict, team performance	High-yield, scenario-heavy questions; builds on Process context
4–5	Business Environment — strategy alignment, value delivery, AI in PM, sustainability	This is where most outdated plans under-invest — give it real time, not a single week
6	Integrated scenario practice across all three domains	The real exam blends domains within single questions
7	Full-length timed mock exams, weighted to the 2026 ECO	Surfaces weak spots before exam day, not during it
8	Targeted review of weak areas + final readiness check	Confidence built on accurate practice data, not guesswork

Tip: if you're re-using a study plan from before July 2026, don't just add a Business Environment chapter at the end — rebalance the whole schedule. Under the old outline, Business Environment barely needed a week; under the new one, it needs two.

"An outdated study plan isn't just inefficient — it actively trains you to under-prepare for a quarter of the exam."

Studying With Solus Informatics

We rebuilt our PMP® Certification Training around the 2026 ECO and PMBOK® Guide – 8th Edition as soon as PMI released them — not months later.



Farooq Quraishi

PMI® Authorized Instructor · CEO, Solus Informatics Pvt. Ltd.

Over 23 years of project management experience and more than 30,000 professionals trained across India, the Middle East, and North America. Delivers our PMP curriculum personally, rebuilt against the current 2026 ECO.

What's included in our current program

- ☐ Curriculum mapped directly to the 33/41/26 domain weighting — not a bolt-on update
- ☐ Dedicated instruction time on the newly expanded Business Environment topics, including AI in project management and sustainability
- ☐ PMBOK® Guide – 8th Edition reference material, included as part of your 35 required contact hours
- ☐ Full-length mock exams calibrated to the current outline
- ☐ Post-training support until you pass — no cut-off date

Ready to prepare for the exam PMI actually gives?

Talk to our team about the next available PMP® Certification Training batch, or ask us anything about how the 2026 changes affect your specific exam date.

SOLUS **INFORMATICS**

**Let's get you certified —
on the current exam.**

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PMI® Authorized Training Partner

2026 ECO Aligned

PMBOK® 8th Edition

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